



# Turning Wheels of Bulawayo Rotary Club



---

President: Rtn Maureen Bond 244710 091355695 mbond@gatorzw.com  
Secretary: Rtn Julie Bonett 465571/81 bonett@netconnect.co.zw

---

Web site: <http://ilandama.tripod.com/rotary/clubofbulawayo/index.htm>  
E-mail: [pmaksimovich@healthnet.zw](mailto:pmaksimovich@healthnet.zw)  
Please submit your contributions through e-mail in .TXT or .DOC format.  
District Newsletter: [http://groups.yahoo.com/group/RotaryD9210\\_DG\\_Newsletter](http://groups.yahoo.com/group/RotaryD9210_DG_Newsletter)

---

## February 2003.



### From the President's Computer

February is such a busy month in the Rotary calendar especially with it being Rotary's 98<sup>th</sup> Birthday, World Peace and Understanding month and also family month-reflections are given in more articles in this bulletin.

Arrangements for the Rotary Centennial celebrations in February 2005 are also hotting up with numerous requests to finalise Clubs Centennial projects, Club celebratory plans, Rotary coins, and Rotary stamps! Your President has already received the emails and a promotional presentation pack with CD-Rom so we can plan for the 100<sup>th</sup> year! Naturally the World District Conference will be held in Chicago.

It's also very busy on the Rotary local scene with our own District Conference being held in Bulawayo - City of Kings in May in our park's Amphitheatre. I am pleased to say that our Club is one of the biggest participants in helping organize this event. In the next few months there will be articles, updates coming to you all the time wetting your appetites to attend!

This month we have a Fellowship annual brunch at the 'Thomas's home' in celebration of the 98<sup>th</sup> Birthday of Rotary.

International members are busy working on two new projects along with the Youth Committee and Community Services are fully involved with food aid to our area.

Rotarians Gary Brooking and Noel Scott held successful Interactors officers training day for all the Bulawayo Interactors last weekend and are thanked for their sterling efforts.

We will have had by this time, four new Rotarians into our Club this year and we wish you well into Rotary Service and the Rotary family and know that you are all going to be so fulfilled in your Rotary journeys.

Perhaps an adept saying below will give some thought to ponder with during these times of fuel queues, World Cup Cricket controversy and the endless shortages of essential food commodities.

'No one is ever beaten unless he gives up the fight' - W. Beran Wolfe

President Maureen Bond

## Rotary Thoughts for the Month!

"When service is inspired by our own experiences, we do not simply write a cheque, we write Rotary into our lives. I believe in personal service, not purse service"

RI President Bhichai Rattakul

"I would like to think that the pioneering days of Rotary have only just begun - Rotary simply must continue to pioneer or be left in the rear of progress"

Paul Harris February 1945

### February 2003

Rotary International designates each month to a particular subject. This is part of each club's year planner.

*The month of February is dedicated to:*

### World Understanding Month

RI family week - second week of the month

## 23<sup>rd</sup> February World Understanding and Peace Day and Rotary's 98<sup>th</sup> Anniversary

Walter Mondale once said: 'Families are enduring institutions. They have been the foundation for virtually every society known to history. They possess incredible strength and resiliency especially when faced with adversity'.

The family is the nucleus of civilization.

I often feel with Paul and Jean Harris being childless, a great sorrow in their lives, that so much emphasis in Rotary is placed on family values and children's needs as part of the foundation on which our organization grew.

At this time, more than ever, when we watch and hear through the media about impending war with Iraq, conflicts in the Middle East and Africa, it seems that the whole world is in turmoil. Rotary introduced the 'Rotary Award for World Understanding', which is the organization's highest honour, and this has been given on a yearly basis to worthy recipients round the world who are cited for tireless humanitarian work. The award comes with a US\$ 100 000 Rotary Foundation Grant!

Seven Rotary Centers for International studies have been established for the following purposes.

To advance research, teaching, publication and knowledge on issues of peace, goodwill, causes of conflict and world understanding.

To promote advanced educational opportunities for a group of Rotary World Peace scholars, chosen from various countries and different cultures, in order to advance knowledge and world understanding among potential future leaders of government, business, education, media and other professions. This is a two year master's level degree programme in conflict resolution, peace studies and international relations through partnerships with selected universities throughout the world.

To establish a programme through which the Rotary Foundation may become increasingly effective in promoting greater tolerance and cooperation amongst peoples, leading to world peace and understanding.

These Rotary World Peace Scholars will make significant contributions to the world community in a variety of ways. Some will work for the United Nations, while others will pursue careers as economists, consultants and managers, or with various governments as diplomats, foreign service

officers, policy analysts and advisors on trade, defense and foreign affairs matters.

## Rotarians know that peace comes through understanding.

This is the most meaningful and innovative initiative of the Rotary Foundation in the new millennium. Rotary International is demonstrating its leadership role and making a difference in world affairs.

## Rotary's 98<sup>th</sup> Anniversary February 23<sup>RD</sup> 2003

Paul Harris, newly qualified and fresh out of Princeton University, settled in Chicago in the 1900's and began to practice law, but the mere acquisition of money was not to be his inspiration. He was lonesome for fellowship, for friends, for mutual helpfulness. So he founded a club of young men who wanted to be friends, who wanted to be helpful to each other, men of different business and professions.

The first meeting was held on Thursday February 23<sup>rd</sup> 1905 in the Chicago Unity Building with Paul Harris and three friends. That was how it all started. Four successful, but lonely men who needed the companionship of their own kind. Harris offered them that and something more besides, a group in which each member would be of immense benefit to the others through the simple expedient of mutual trading. Business ethics standards were a big principal of joining this club and any one of a slight 'dodgy' character were excluded.

A name was sought for this club at the third meeting and many examples were pondered like Trade and Talk Club, Men with Friends and many more. Finally Harris suggested 'ROTARY' as he observed that they were all meeting in one another's office on a sort of rotating arrangement, so why not call it the Rotary Club?

Thus the seemingly inauspicious first Rotary meeting in 1905 triggered off one of the most important sociological phenomena of the 20<sup>th</sup> century. Paul Harris created, quietly and effectively a new concept of service to our own kind that has generated a movement that has touched the lives of millions.

Paul Harris never claimed to have founded a new philosophy; he referred to the spirit of Rotary as an ancient principal of ethics. What he did teach men of all nations and of all races to join together in practicing and applying it.

President Maureen Bond  
Bulawayo Rotary Club  
District 9210

## Footprints in Time

When an old lady died in the geriatric ward of a small hospital near Dundee, Scotland, it was felt that she had nothing left of any value.

Later, when the nurses were going through her meager possessions, they found this poem. Its quality and content so impressed the staff that copies were made and distributed to every nurse in the hospital. One nurse took her copy to Ireland. The old lady's sole bequest to posterity has since appeared in the Christmas edition of the News Magazine of the North Ireland Association for Mental Health. A slide presentation has also been made based on her simple, but eloquent, poem.

And this little old Scottish lady, with nothing left to give to the world, is now the author of this "anonymous" poem - winging across the Internet. Goes to show that we all leave SOME footprints in time.

## An Old Lady's Poem

What do you see, nurses, what do you see?  
What are you thinking when you're looking at me?  
A crabby old woman, not very wise,  
Uncertain of habit, with faraway eyes?  
Who dribbles her food and makes no reply  
When you say in a loud voice, "I do wish you'd try!"  
Who seems not to notice the things that you do,  
And forever is losing a stocking or shoe...  
Who, resisting or not, lets you do as you will,  
With bathing and feeding, the long day to fill...  
Is that what you're thinking? Is that what you see?  
Then open your eyes, nurse: you're not looking at me.  
I'll tell you who I am as I sit here so still,  
As I do at your bidding, as I eat at your will.  
I'm a small child of ten ... with a father and mother,  
Brothers and sisters, who love one another.  
A young girl of sixteen, with wings on her feet,  
Dreaming that soon now a lover she'll meet.  
A bride soon at twenty - my heart gives a leap,  
Remembering the vows that I promised to keep.  
At twenty-five now, I have young of my own,  
Who need me to guide, and a secure happy home.  
A woman of thirty, my young now grown fast,  
Bound to each other with ties that should last.  
At forty, my young sons have grown and are gone,  
But my man's beside me to see I don't mourn.  
At fifty once more, babies play round my knee,  
Again we know children, my loved one and me.  
Dark days are upon me, my husband is dead;  
I look at the future, I shudder with dread.  
For my young are all rearing young of their own,  
And I think of the years and the love that I've known.  
I'm now an old woman ... and nature is cruel;  
'Tis jest to make old age look like a fool.  
The body, it crumbles, grace and vigor depart,  
There is now a stone where I once had a heart.  
But inside this old carcass a young girl still dwells,  
And now and again my battered heart swells.  
I remember the joys, I remember the pain,  
And I'm loving and living life over again.  
I think of the years ... all too few, gone too fast,  
And accept the stark fact that nothing can last.  
So open your eyes, nurses, open and see,  
Not a crabby old woman; look closer ... see ME!!!

Remember this poem when you next meet an old person who you might brush aside without looking at the young soul within. We will one day be there, too!

## George Carlin's View On Aging

Do you realize that the only time in our lives when we like to get old is when we're kids?

If you're less than 10 years old, you're so excited about aging that you think in fractions. "How old are you?" "I'm four and a half!" You're never thirty-six and a half. You're four and a half, going on five!

That's the key.

You get into your teens, now they can't hold you back. You jump to the next number, or even a few ahead. "How old are you?" "I'm going be 16!" You could be 13, but hey, you're going be 16! And then the greatest

day of your life ... you become 21. Even the words sound like a ceremony .  
. . YOU BECOME 21. . .

YESSSS!!!

But then you turn 30. Oooohh, what happened there? Makes you sound like bad milk. He TURNED, we had to throw him out. There's no fun now, you're just a sour-dumpling.

What's wrong? What's changed?

You BECOME 21, you TURN 30, then you're PUSHING 40. Whoa! Put on the brakes, it's all slipping away. Before you know it, you REACH 50 . . . and your dreams are gone.

But wait!!! You MAKE it to 60. You didn't think you would!

So you BECOME 21, TURN 30, PUSH 40, REACH 50 and MAKE it to 60.

You've built up so much speed that you HIT 70! After that it's a day-by-day thing; you HIT Wednesday!

You get into your 80s and every day is a complete cycle; you HIT lunch; you TURN 4:30; you REACH bedtime. And it doesn't end there. Into the 90s, you start going backwards; "I was JUST 92."

Then a strange thing happens. If you make it over 100, you become a little kid again. "I'm 100 and a half!"

May you all make it to a healthy 100 and a half!!!

## HOW TO STAY YOUNG

1. Throw out non-essential numbers. This includes age, weight and height. Let the doctor worry about them. That is why you pay him/her.
2. Keep only cheerful friends. The grouches pull you down.
3. Keep learning. Learn more about the computer, crafts, gardening, whatever. Never let the brain idle. "An idle mind is the devil's workshop." And the devil's name is Alzheimer's.
4. Enjoy the simple things.
5. Laugh often, long and loud. Laugh until you gasp for breath.
6. The tears happen. Endure, grieve, and move on. The only person who is with us our entire life, is ourselves. Be ALIVE while you are alive.
7. Surround yourself with what you love, whether it's family, pets, keepsakes, music, plants, hobbies, whatever. Your home is your refuge.
8. Cherish your health: If it is good, preserve it. If it is unstable, improve it. If it is beyond what you can improve, get help.
9. Don't take guilt trips. Take a trip to the mall, to the next county, to a foreign country, but NOT to where the guilt is.
10. Tell the people you love that you love them, at every opportunity.

## AND ALWAYS REMEMBER:

Life is not measured by the number of breaths we take, but by the moments that take our breath away.